

# Sex and Relationship Education Policy



**Reviewed: January 2017**

**Ratified by the Management Committee:**

**Date of next Review: January 2018**

## **Aims for Sex and Relationships Education**

SRE contributes to the curriculum for PSHCE (taught through SMSC, Learning powers and Pupils individual learning plan targets) by ensuring that all children;

- Develop confidence in talking, listening and thinking about feelings and relationships
- Are encouraged to explore values, attitudes, and personal relationships
- Are able to differentiate between boys and girls
- Are able to name parts of the body and describe how their bodies works
- Are prepared for puberty
- Are aware that some parts of their (and other peoples') bodies are private
- Are empowered to feel confident about taking ownership of their bodies
- Develop self-esteem and self-awareness
- Know ways to stay safe and ask for help and support

## **Statement of Values for Sex and Relationship Education**

- SRE will reflect the aims of the Personal, Social, Health and Citizenship Education programme (PSHCE).
- In addition, SRE will promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships based on respect for themselves and for others at home, at school, at work and in the community.

## **Legal Requirements for the Provision of Sex and Relationships Education**

The National Curriculum has two broad aims;

1. The school curriculum should aim to provide opportunities for all pupils to learn.
2. The school curriculum should aim to promote pupils' spiritual, moral, social and cultural development and should prepare all pupils for the opportunities and responsibilities of life.

At Palatine we believe that SRE should contribute to preparing pupils for the opportunities, responsibilities and experiences of adult life.

The elements of the SRE programme which are contained in the National Curriculum Science Programmes of Study are mandatory for all primary pupils. This covers anatomy, puberty and the biological aspects of sexual reproduction.

### **Partnership With Parents/Carers**

- Parents are always informed by letter **before** their child participates in SRE.
- Parents have the right to withdraw their child from any SRE that is provided outside the National Curriculum Science Orders.
- Where there are specific issues which may affect a pupils' ability to deal with the SRE programme, the school will consult with parents/carers and any other appropriate agencies to meet the needs of the pupil.
- Parents are always welcome to contact the school about any aspect of SRE.

### **Teaching of Sex and Relationship Education**

- All teachers are aware of the objectives for teaching SRE within each key stage. However, staff must ensure that the program provided meets the needs of their pupils and therefore they may refer to the objectives for a different key stage.
- All staff are aware of the need to assess pupils' existing knowledge and adapt their teaching program to fit the needs of their pupils.

### **Organisation**

PSHCE is taught through SMSC and Learning Powers which are embedded in daily learning. SMSC is taught more specifically through termly blocks of learning. The SRE curriculum is mostly taught through the following strands:

*Developing confidence and responsibility and making the most of their abilities*  
and

*Developing a healthy, safer lifestyle*  
and

*Developing good relationships and respecting the differences between people*

The Science curriculum and aspects of the PE curriculum (eg, body awareness) also contribute to the teaching of SRE.

In Years 5 and/or 6, pupils also receive a block of additional sessions, taught by Year 5/6 teachers in the Summer Term. As part of these sessions, boys and girls will have the opportunity to work in single-sex groups.

### **Resources**

There are a variety of resources stored centrally in the Resource Room. These include books and session resources. The EQUALS scheme provides suggested activities to meet the learning intentions of all our pupils. Additional resources and support from the Health Promotion Resource Centre in Durrington are used as appropriate.

### **Confidentiality, Child Protection and Disclosure**

All staff follow the procedures detailed within the Palatine Child Protection policy.